



Get set for the future



Volunteering opportunities for
16-18 year olds at Leuchie House

Give yourself an edge

Whatever your plans after school, volunteering will help you get set for the future.

Academic qualifications are often not enough to stand out from the crowd when applying for jobs or university. By becoming a volunteer, you'll start building up your CV as well as demonstrating you're motivated and willing to challenge yourself.

Volunteering can help give you the kind of experience that will lay the foundations for your future career. It can also help build self-confidence and develop essential skills like team working, communication, customer focus and problem solving.

All our volunteers tell us they find it rewarding and that it's great to do something for others. They also tell us how much fun they have!

Become a Leuchie volunteer

When you volunteer at Leuchie House, you'll be helping deliver a vital service to people with disabilities. At Leuchie, we provide respite breaks to people with MS, Parkinson's, cerebral palsy and many other conditions, giving them a much needed chance to have a holiday. Whatever volunteering role you have at Leuchie, you'll play a part in making this happen.

Choose your ideal role

There are lots of volunteering options to choose from, and we'll give you all the support and training you need to feel confident in your role. You could help deliver our activities programme, support our guests at meal times, or work with our physiotherapy, office or fundraising teams. It's up to you.

Get set for the future - today!

If you'd like to find out more about volunteering at Leuchie, we'd love to hear from you. Get in touch today and get your future off to a flying start!



Meet our volunteers



Archie 

Volunteer role:
Guest engagement

I started volunteering at Leuchie while doing the Duke of Edinburgh Silver Award. I was keen for the volunteering aspect of that to be worthwhile and rewarding.

I help out in the guest engagement team once a week which involves helping guests take part in Leuchie's activities programme. That means I can help others enjoy themselves while having a good time myself!

I have definitely benefited from volunteering. Before I started I was less outgoing and much more shy. Now my self-confidence is far better. It is such a rewarding thing to help others and become the best version of yourself.



Saskia 

Volunteer role:
Meal assistance

I'd like to study medicine so I decided to volunteer to give me a valuable insight into related work and to do something worthwhile with my time.

I volunteer at Leuchie House with my friend every other Sunday for a couple of hours, helping out while guests are having breakfast.

Before I started I was a little nervous as I was doing something outside of my comfort zone, but those nerves soon vanished. Now each time I volunteer I feel like I have achieved something positive which is a great feeling to have. It has made me more open to talking to new people which I am very pleased about. It has also given me some experience working in a caring environment which will hopefully improve my chances of being accepted into medicine at university.



In recognition of the outstanding work they do, in 2016 Leuchie's team of volunteers was awarded The Queens' Award for Voluntary Service – the highest UK award a voluntary group can receive.

Leuchie House
North Berwick
East Lothian EH39 5NT

Tel: 01620 892864
enquiries@leuchiehouse.org.uk
www.leuchiehouse.org.uk



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The European Fund for Rural Development:
Europe investing in rural areas

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