

Mealtime Assistant Volunteer

DESCRIPTION

Mealtimes Assistants help at key points in the day (breakfast, lunch or dinner) supporting guests with eating and drinking.

Their role includes serving meals, clearing after, and helping guests to eat and drink at mealtimes.

This is a fun and sociable role which involves giving up an hour of your time to support guests and our staff team. The individual support you provide is invaluable as well as enjoyable for our guests as you chat with them through mealtimes.

Full training and support is provided. Duties and responsibilities include:

- Assisting with serving drinks to guests prior to meals being served
- Offering guests a clothes protector if required
- Assisting with distributing meals to guests, as directed
- Assisting an allocated guest with eating and drinking
- Clearing dishes after
- Offering tea and coffee to guests at the end of their meal

ORGANISATION AIMS AND OBJECTIVES

We aim to be the UK's best provider of high-quality respite for individuals with high dependency physical conditions. We will continually support guests and their carers to enhance the quality of their life while at Leuchie and beyond.

At Leuchie House our philosophy is that everyone deserves a decent break, whatever their individual care requirements. With a country-house feel, rather than a clinical atmosphere, our emphasis is on sociable, enjoyable activities, entertainment, enabling technology and therapies as well as health care.

REQUIREMENTS

- A friendly, enthusiastic attitude with good time-keeping skills
- Good communication skills both written and verbal
- Own transport as we are not accessible by local transport facilities
- Minimum age 16 (Duke of Edinburgh applicants aged 15 may be considered)