

## Leuchie at Home Befriender/Sitter Volunteer

### DESCRIPTION

Volunteering with Leuchie at Home is a very rewarding opportunity and a great way to gain more skills and experience while enhancing a person's life.

Leuchie at Home officially started in July 2022 in partnership with East Lothian Health and Social Care Partnership who refer potential clients to the service.

We offer the service to those who have a long-term neurological conditions or stroke. Each person is given at least 2 hours each week which allows their partner/carer time to themselves. They use this valuable time in a variety of ways from shopping, meeting a friend for coffee or catching up with gardening.

As well as building a relationship with the client you will also get to know their partner/carer during the visits. The volunteer will not be expected to provide personal care.

Full training and support is provided. Duties and responsibilities include:

- Sitting with the person and keep them company while their partner/carer has time to do the things they need to do
- Chat about their week, the past or any worries that they may have
- Play board games, crosswords, quizzes, watch TV
- Any other activities such as crafts
- There may be a requirement to help with technology (iPad, PC, Phone, Smart speakers) with Leuchie support

### ORGANISATION AIMS AND OBJECTIVES

We aim to be the UK's best provider of high-quality respite for individuals with high dependency physical conditions. We will continually support guests and their carers to enhance the quality of their life while at Leuchie and beyond.

At Leuchie House our philosophy is that everyone deserves a decent break, whatever their individual care requirements. With a country-house feel, rather than a clinical atmosphere, our emphasis is on sociable, enjoyable activities, entertainment, enabling technology and therapies as well as health care.

### SUPPORT

Full training is provided

Shadowing for the first couple of visits until comfortable to attend unsupported

Accessible by foot, car or bus and travel expenses paid if required

### REQUIREMENTS

- A friendly, enthusiastic attitude with good time-keeping skills
- Good communication and active listening skills
- Patience, empathy and compassion with the and ability to get on well with others
- Ability to use technology such as iPads/smart speakers is beneficial but not essential
- Minimum age 21