



# Transform

Your support | Changing lives

# Thanks to your support, in 2019...

## Caring



to over  
**470**  
guests & carers



**54,000** hours  
of nursing and care support



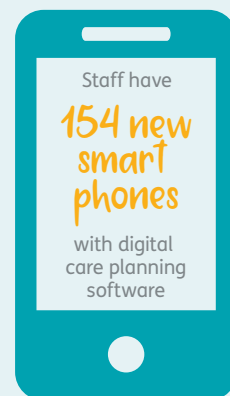
resulting in 187 referrals to community health & social care professionals on behalf of our guests



## Improvements



**3 bathrooms, 1 sluice room, 13 bedrooms, dining room & first floor lounge**  
upgraded



**174** hours  
of digital support & assistive technology provided to  
**guests & carers**  
to improve  
self-management at home\*

## Fundraising

**60 volunteers**

saved Leuchie over



**94%**

of charitable expenditure is spent on the  
**care of guests**



# A message from the Chief Executive

## 2019 was a year of great growth and improvement for Leuchie House.

When I joined the team in 2018, I was met with the same warm welcome guests receive when they come for a holiday. It has been a joy and a privilege to work with such a capable and caring team of staff, volunteers, Board of Trustees and of course our generous supporters. **Thank you to each and every one of you.**

One of the challenges we face at Leuchie is that our guests' expectations and needs are changing constantly, and so they should! For example, in the past we had a TV room but guests now come with their own tablets so they can stream what they want, when and where they wish. To meet this need, we've introduced super-fast broadband ensuring 100% Wi-Fi coverage throughout the house, despite our 3ft thick stone walls! We've taken advantage of this and moved from paper based to smart phone enabled care plans, so every nurse and carer has access to bang up to the minute updates on the needs of the guests they are supporting.

But technology isn't everything. When I go on holiday I expect the bathrooms to be at least as good as at home, and hopefully better! Leuchie's 'smallest rooms in the house' had not been updated for quite some time, so it's been out with the avocado suite, knocking down walls and installing state-of-the-art wet-rooms

to give guests and our colleagues a much more comfortable start to the day. We've also refurbished and upgraded thirteen bedrooms, the dining room and the first-floor lounge.

As part of improving our service, we are investing in 'our people'. As any of our guests will tell you, the amazing staff really are at the heart of Leuchie, so we want to give them whatever they need to grow and flourish personally and at work. This means we can continue to provide the very best care and experiences for people effected by long term conditions like MS, MND, Parkinson's and the effects of stroke.

I am especially pleased to say that, following our unannounced Care Inspectorate visit in February 2020, we have excelled! With our investment in the improvement of our building, equipment and practices, we have been awarded four grade 6s and a grade 5, which indicate 'major strengths' and 'sector leading excellence', but our guests always knew that!

We can only do all that we do with your support, so on behalf of us all and those that benefit so much, thank you!

MARK BEVAN - CEO



Helping everyone to flourish...



"Leuchie has changed our lives. When I'm at home I feel about half the man I used to be. When I'm at Leuchie, I feel 150%"



"Staff are excellent and attention is given to every detail - great food, quizzes, chocolate-making, physio sessions - I can't wait for my next visit!"

"It's clear everyone at Leuchie goes above and beyond"



"Staff are excellent and attention is given to every detail. I can't wait for my next visit!"



"We want to give others that little slice of happiness and renewed life that Leuchie offers"



"I'm not surprised people keep coming back to Leuchie. It's a wonderful place to relax, watch the deer in the beautiful gardens and know your family, friends and carers are able to relax too - they need a break as much as you do"



"We both feel so much more like our old selves again"



"Leuchie has given me back my hope. It's worth waking up tomorrow"

Respect

"It's great to be appreciated and know that your contribution, however small, is valued"

Wellbeing



"I always feel better after a break at Leuchie"

Peace of mind



Dignity

Choice



In whatever way you support Leuchie,  
YOU make a great impact, thank you.



Leuchie House is the only place where I don't feel disabled.

## An inspirational year of fundraising

One of my favourite things about working at Leuchie is the daily interaction with those we support, our guests! Their resilience and positive attitude, despite their health, never ceases to amaze me. Their smiles and banter provide all the inspiration I need to carry on driving our fundraising efforts. And I'm obviously not the only one being inspired, as 2019 saw us achieve our best year of fundraising, jam-packed with support for Leuchie House!

Our events calendar saw Elaine C Smith host our annual Ascot Afternoon with record breaking results, followed by this year's Scottish Open, seeing professional golfers such as Ian Poulter and Matt Fitzpatrick joined by celebrities like Brian McFadden, Keith Duffy, Dan Walker, Rory Bremner and Naga Munchetty raise over £200,000 in funding for Leuchie House and My Name's Doddie. To top that, we had the honour of welcoming HRH Princess Anne to Leuchie, taking the time to say hello to several of our supporters, guests and staff. We also held our first ever fundraising dinner in the West of Scotland.

In the community, the employees of Charles River raised over £10,000 matched by funding from the North Berwick Trust to purchase a new accessible vehicle to benefit Leuchie guests during their break. This was then matched by an anonymous donor to enable the purchase of a second accessible

vehicle. Don Ledingham and Gordon Hunter used their artistic talents to create the Edinburgh Revisited Exhibition while keen cyclists, James Waterson and Alistair Dickie cycled across Ireland. Not to mention that we welcomed over 100 people to Leuchie for a Bridge Afternoon in November!

The Leuchie Forever Fund, Imlay Foundation and The Robertson Trust also donated for the purposes of helping us upgrade our IT and facilities in order to improve our infrastructure for the future and our guests experience now!

I'd like to personally say "thank you" for making this possible. We simply could not provide these essential breaks without your support. If you want to do or find out more, please get in touch. I'd be delighted to welcome you to Leuchie for a cuppa and a chat!

*Lana Bambridge*

LANA BAMBRIDGE  
HEAD OF FUNDRAISING  
AND COMMUNICATIONS





# Out and about around the community

Thank you to the army of supporters and volunteers who help Leuchie continue to provide essential life-changing breaks for our guests and their carers. Here are *just a few* highlights from the last few months.



## East Lothian Ladies' Charity of the Year

We are delighted that local networking group, East Lothian Ladies (ELL) has chosen Leuchie House as their Charity of the Year for 2020! ELL offer a scheme where people can purchase a trolley token, offering discounts at local and online shops and ELL will give 5% of all profits, plus £1 from every token sale, to Leuchie. If you'd like to purchase a token you can do so online: [eastlothianladies.co.uk/token-page](http://eastlothianladies.co.uk/token-page) and shop while supporting Leuchie – a double win!

Since we are a local business, we want to give something back to the community and are excited to work with Leuchie House as our charity partner for 2020.

Anna Thomson, ELL Founder

## Smeaton's Charity of the Year



We are also thrilled to have been chosen as Smeaton Nursery Gardens & Tearoom's Charity of the Year and really look forward to our partnership with the local nursery.

## New Wheels!



Leuchie's new wheels!



Thanks to a successful 'Wheels for Wellbeing' fundraising campaign by Charles River employees last year, Leuchie has purchased two new wheelchair-accessible vehicles. Outings are an essential part of the respite breaks Leuchie offers – **for some guests, these trips are the only time they get out and about.** The £10,000 raised was generously matched by local grant-maker, the North Berwick Trust and, as news spread an anonymous donor came forward to purchase another vehicle!



## Supporter spotlight: 'Edinburgh Revisited'

Our amazing supporters Don Ledingham and Gordon Hunter spent a year putting together the striking and inspiring 'Edinburgh Revisited' poetry and photography book and exhibition which launched in October 2019 at the Stills Gallery.

Baillie Gifford, The Balmoral, Shepherd & Wedderburn, AMA Homes, Ashkirk and Ceannas sponsored the event so that all proceeds from sales of prints and books went directly to supporting Leuchie House and 500 Miles. They have already raised an astonishing £22,000 which will be split between the two charities.

If you would like to purchase one of their beautiful books, please contact us and we can arrange this for you.

## Youth and Philanthropy Initiative Scotland



Two groups of pupils from Dunbar Grammar School, taking part in this year's Youth Philanthropy Initiative, have selected Leuchie as their chosen charity! We're excited to work with the teams and are thrilled they'll also be doing some volunteering here at Leuchie!

## Alison Takes to The skies

Alison Robertson celebrated her 70th birthday in the best way – by jumping out of a plane! Even better, she raised over £780 for Leuchie by doing it – thank you.



## Win-win for Brig Inn

The Brig Inn raised £775 for Leuchie House with their charity football match and disco.





# Events

## LEUCHIE LEGACY AFTERNOON TEA

We're talking about legacies!

**With the UK charitable legacy market worth more than £3bn and Scottish charities seeing some of the fastest legacy income growth in the UK**, here at Leuchie we are talking about the important topics around 'getting your house in order' and encouraging our supporters to consider leaving a gift in their Will to Leuchie.

As part of this, we've held two informative 'legacy afternoon tea' events for guests, carers, staff and volunteers, kindly hosted by solicitors from top law firm Brodies LLP. Susanne and Jessica covered important topics like Wills, legacies, digital assets and power of attorney. We are so grateful to Brodies LLP for sharing their expertise and look forward to another afternoon tea soon!



*We always enjoy coming to Leuchie House. It's clear when chatting to guests what a difference Leuchie makes. I hope that our talk was helpful in highlighting the importance of planning for the future.*

Susanne Batchelor,  
Partner – Brodies LLP



## GO WEST: ORAN MOR FUNDRAISING DINNER

Leuchie held our first fundraising dinner in the West of Scotland at Oran Mor in Glasgow 7 November 2019 with Gavin Hastings, Craig Brown and Fred MacAulay, to increase awareness in the west of Scotland about the service Leuchie provides and to raise much-needed funds to support the important work Leuchie does. The event was a great success on both fronts, raising over £23,000! Thank you to everyone involved.



## LEUCHIE CHRISTMAS FAIR 2019

With more stalls than ever before, live music and lots of special seasonal touches, Leuchie's 2019 Christmas Fair was a great success! Thank you to all the stallholders and everyone who joined us for this annual event, which raised a wonderful £4,284.

## Team Leuchie



**Becky Everett is Leuchie's Quality Improvement Manager. She is responsible for identifying what Leuchie does well and, at the same time, focuses on how and where we can continue to improve our service. This is important because, at Leuchie, we are committed to continually adapting and learning, so that we can offer the very best experience to all guests irrespective of their condition and give their carers and families the crucial break they need.**

Living locally for many years, I've always been aware of the wonderful work Leuchie does in providing respite care. Having worked for more than 20 years in the Regulation of Care services as a nurse for the Care Inspectorate, I was delighted when I was asked to join Leuchie's Quality Committee. Since then, I have continued to work in roles at Leuchie which focus on the care we provide, first as Registered Manager and now as the Quality Improvement Manager.

My job is to help Leuchie recognise what we do well and what we could do better! We have in place systems to ensure we are always assessing and adapting the service to meet the needs of our guests. An important part of this continual improvement is talking to guests and their families about any suggestions and improvements they might like.

The guests who come to Leuchie for a holiday have a variety of specific care needs, so it's very important we know what these needs are before they arrive, in order that we have the required staff and equipment in place. We invest in the staff at Leuchie so they feel supported and are well-prepared with the necessary skills to provide a very high level of care. Our highly detailed assessment process helps us achieve this. It also means we know an individual's preferences for food, activities, outings and therapies, so that guests can just arrive at Leuchie and enjoy a fun, safe holiday experience – while their loved ones have a break knowing they are being expertly cared for! This is just one reason why Leuchie is such a special and unique place.

*I'm here to help Leuchie recognise what we do well and what we could do better! We want to ensure we are regularly reviewing the quality of care we offer so that we can continually improve the service we give to our guests.*

## Always striving to improve

*There is a clear vision in Leuchie House that is inspiring and promotes equality and inclusion for all.*

*The outcomes for people using the service Leuchie provides are of an outstandingly high quality.*



*Guests experienced respectful and compassionate care at each stage of their interactions with the service. This included through the admission process where they were listened to and where they could express their wishes of what they wanted to achieve from their stay.*

To see the full report visit [www.leuchiehouse.org.uk/get-involved/care-inspectorate-report](http://www.leuchiehouse.org.uk/get-involved/care-inspectorate-report)



# The RS Macdonald Charitable Trust



We often liken Leuchie House to a family, and this family extends to our supporters, some of whom come in the form of charitable trusts. One of our longest standing supporters is The RS Macdonald Charitable Trust. They award around £2.5 million to charities across Scotland every year, and their mission is to “support their beneficiary charities to achieve their purpose”.

One of the areas they specialise in supporting is ‘neurological conditions.’ As well as research into these conditions, they provide funding towards projects that empower people to lead better lives, and those wider support networks, including support for carers and families.

Following the ‘Save Leuchie’ campaign, which saw us overcome the threat of closure and achieve our status as an independent charity in 2011,

the RS Macdonald Trust granted over £155,000 in funding towards an Operations Manager and IT.

For the last five years, RS Macdonald has funded the development of our Guest Engagement Programme, which focuses on improving the social and emotional wellbeing of our guests and is a treasured part of many breaks Leuchie provides.

With the support of RS Macdonald, we’ve been able to introduce: In-house activities scheduled three times per day and outings organised in advance to local restaurants, attractions and shopping, depending on our guests’ requests during their stay. Leuchie Links introduced accessible technology and personalised tutorials to increase guests’ confidence and knowledge of available online resources.

The RS Macdonald Trust shares an understanding of the needs of people living with a neurological condition and the desire to see their lives improved and so they are more than just a funder. They are an essential partner in our service delivery, holding us to account, making recommendations and asking the right questions, so that we’re constantly moving our service forward for the benefit of our guests. For those of you who love our programme of activities, entertainment and outings, we hope you’ll agree!





It's clear that everyone at Leuchie  
goes above and beyond.



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We wish we could highlight  
all our amazing supporters  
here. If you don't feature,  
please know we truly value  
your contribution to Leuchie  
in whatever form.

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